



Participants Manual

Year One

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INTRODUCTION . . .

Welcome to the Quest journey toward personal and leadership development! This hands-on approach to leadership training includes four components:

1. Individual assignments
2. One-to-one coaching sessions (twice a month)
3. Practical ministry involvement (on-going for 9 months, September through May)
4. Foundations for Ministry courses (two a year)

Individual ASSIGNMENTS

Assignments will begin on September 1st and conclude on May 31st, with two weeks off in December. You will be completing assignments in the following three areas every two weeks:

- Spiritual Formation
- Leadership Development
- Ministry Growth

You will find an overview of the assignments for Year One in this manual. Each assignment must be completed prior to each meeting with your Quest coach.

Three primary learning resources will be used in completing Year One assignments. These resources are included in the annual Quest fee and will be made available to you through the district office. In the area of Spiritual Formation, you will be selecting exercises contained in the ***Spiritual Disciplines Handbook*** by Adele Calhoun. Leadership Development assignments will be contained in ***Charting a Bold Course: Training Leaders for 21st Century Leadership*** by Andrew Seidel. In the area of Ministry Growth you will be given a variety of exercises to enhance your ministry involvement in your local church. In addition to sharing insights gained from his or her ministry experience, your coach will also pass on practical ideas from a resource entitled: ***The Church Leader's Answer Book: A Reference Guide for Effective Ministry***.

Coaching SESSIONS

You will meet with your Quest coach twice a month for at least an hour. During your coaching sessions you and your coach will discuss your assignments. This one-to-one interaction with your coach is a key component to your growth as a leader.

Practical Ministry INVOLVEMENT

Quest is built upon the foundation of “on-the-job” training and “learning by doing” modeled so well by Jesus, our Master Teacher. Therefore, hands-on participation in ministry is an essential ingredient in each Quest participant’s growth. Your ministry involvement will be guided by your Quest coach. To qualify as your Quest ministry experience, your ministry involvement should entail (4) four to six (6) hours per week including preparation time. Once a month you will evaluate your ministry experience with your coach using a “Ministry

Involvement Check-In” tool. At your first coaching session in September you will discuss with your coach a plan for your ministry involvement for Quest Year One. You will also complete a “Ministry Skills Inventory” and discuss with your coach 8 areas in which you would most like to hone your ministry skills. This skill development will be customized to fit your area of Quest ministry involvement and future ministry interests. Your coach will assign appropriate exercises and share insight from his or her own ministry experience in the skill development areas selected. Additional pointers will be shared by your coach from the resource, ***The Church Leader’s Answer Book: A Reference Guide for Effective Ministry.***

The focus of your ministry experience will be unique each year:

Year One: Church-based ministry involvement

Year Two: Community-based involvement

Year Three: Multiplication of ministry involvement

Foundations for Ministry COURSES

In addition to completing your assignments and meeting with your coach, you will complete two Foundations for Ministry courses each year, one in the Fall and one in the Spring. These courses will be offered in a condensed 10 hour format, typically conducted Friday evening and all day Saturday. These courses will include pre-course reading, class participation and post-course written projects. The Foundations for Ministry courses will be taught by both Ambrose University professors and qualified leaders within our district. You will earn one transferable credit for each course completed, with the exception of the Alliance History and Thought course. This course is unique in that it is a 3 credit course and will require a full week of classroom instruction. Participation in FMC courses provide an opportunity to interact with other Quest participants and gain foundational instruction in understanding the Bible, basic theology, spiritual leadership, missions and evangelism.

Here are the six Foundations for Ministry courses:

1. Understanding the Bible
2. The Christian Faith
3. Personal Formation and Development
4. Mission and Evangelism
5. Foundations of Ministry
6. Alliance History and Thought

QUEST ASSIGNMENTS OVERVIEW FOR YEAR ONE

Schedule	Spiritual Formation	Leadership Development	Ministry Growth
September Session #1	Spiritual Disciplines Handbook, pp. 15-23 & Appendix 1 and 10 Spiritual Formation Plan	Charting Bold Course, pp.25-34 Biblical Philosophy of Leadership	Ministry Involvement Plan Ministry Skills Inventory
September Session #2	Spiritual Discipline #1	Read inset & complete exercises The Leader's Calling	Ministry Involvement Check-In
October Session #1	Spiritual Discipline #2	Charting Bold Course, pp. 47-61 The Leader's Life Story	Ministry Skill Development #1
October Session #2	Spiritual Discipline #3	Charting Bold Course, pp. 64-74 The Leader's Identity	Ministry Involvement Check-In
November Session #1	Spiritual Discipline #4	Charting Bold Course, pp. 75-84 The Leader's Temperament	Ministry Skill Development #2
November Session #2	Spiritual Discipline #5	Charting Bold Course, pp. 85-98 The Leader's Gifts & Strengths	Ministry Involvement Check-In
December Session #1	Spiritual Discipline #6	Charting Bold Course, pp. 99-111 The Leader's Values and Goals	Ministry Skill Development #3
January Session #1	Spiritual Discipline #7	Charting Bold Course, pp. 113-120 The Leader's Vulnerability	Ministry Skill Development #4
January Session #2	Spiritual Discipline #8	Charting Bold Course, pp. 121-131 The Leader's Character	Ministry Involvement Check-In
February Session #1	Spiritual Discipline #9	Charting Bold Course, pp. 133-142 The Leader's Flaws	Ministry Skill development #5
February Session #2	Spiritual Discipline #10	Charting Bold Course, pp.143-149 The Leader's Family	Ministry Involvement Check-In
March Session #1	Spiritual Discipline #11	Charting Bold Course, pp. 151-160 The Leader's Church Relationships	Ministry Skill development #6
March Session #2	Spiritual Discipline #12	Charting Bold Course, pp. 161-168 The Leader's Life Vision	Ministry Involvement Check-In
April Session #1	Spiritual Discipline #13	Charting Bold Course, pp. 235-247 The Leader's Communication	Ministry Skill Development #7
April Session #2	Spiritual Discipline #14	Charting Bold Course, pp. 249-269 The Leader's Conflict Management	Ministry Involvement Check-In
May Session #1	Spiritual Discipline #15	Charting Bold Course, pp. 271-287 The Leader's Time Management	Ministry Skill Development #8
May Session #2	Review and Reflect Exercise	Review and Reflect Exercise	Review and Reflect Exercise

SPIRITUAL FORMATION ASSIGNMENT

1. Read the Introduction (pages 15-23) and Appendixes 1 and 10 in the book, *Spiritual Disciplines Handbook*.
2. Come to your 1st coaching session prepared to discuss the following:
 - a. How would you describe the connection between discipline and desire?
 - b. What are the dangers of discipline without desire?
 - c. What are the dangers of desire without discipline?
 - d. What is one of your deepest desires in your relationship with God?
 - e. What season of the soul would you say you are currently in: spring, summer, autumn or winter? What factors would lead you to that conclusion?
3. Complete the "Spiritual Disciplines Plan" and make a second copy to give to your coach. In this plan you will select 15 spiritual disciplines from the *Spiritual Disciplines Handbook* to practice during Quest Year One. You are encouraged to choose disciplines you feel strongly drawn toward and some that are unfamiliar to you so that you expand your capacity to interact with God in new ways.

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read "A Biblical Philosophy of Leadership" (pages 25-34) in *Charting a Bold Course* and complete the exercises in this chapter.
2. Come to your 1st coaching session prepared to discuss your responses to "A Definition and Summary" (p. 32) and "Reflect" (p.33).

MINISTRY GROWTH ASSIGNMENT

1. Complete the "Ministry Involvement Plan". Make a second copy to give to your coach and be prepared to share your plan.
2. Complete the "Ministry Skills Inventory". Make a second copy to give to your coach and come prepared to discuss your inventory. You will be selecting 8 areas in which you would most like to hone your ministry skills. This skill development should be customized to fit your area of Quest ministry involvement and future ministry interests. Your coach will assign appropriate exercises and share insight from his or her own ministry experience in the skill development areas selected. Additional pointers will be shared by your coach from the resource, *The Church Leader's Answer Book: A Reference Guide for Effective Ministry*.

SPIRITUAL DISCIPLINES PLAN

Name: _____ Date: _____

Listed below are the 15 disciplines outlined in the *Spiritual Disciplines Handbook* which I plan to practice during Quest Year One, along with the reason for choosing each discipline. I understand that for each discipline I will complete the “Reflections Questions” and “Spiritual Exercises” laid out in the handbook and come prepared to discuss these items with my coach.

Schedule	Discipline	Reason for Choosing
September Session #2		
October Session #1		
October Session #2		
November Session #1		
November Session #2		
December Session #1		
January Session #1		
January Session #2		
February Session #1		
February Session #2		
March Session #1		
March Session #2		
April Session #1		
April Session #2		
May Session #1		

MINISTRY INVOLVEMENT PLAN

Name: _____ Date: _____

The following information relates to the primary ministry involvement I will have in my local church during Quest Year One.

1. **Area** of Ministry Involvement:

2. The **Purpose** of this area of ministry (what it seeks to accomplish):

3. **Alignment** – how this area of ministry contributes to the overall purpose or mission of your church:

4. My **Goals** for this ministry year (September – May):

5. My **Major Responsibilities**:

6. **Ministry Skills** I hope to develop:

7. **Support, Training and Resourcing** I will need to serve effectively:

MINISTRY SKILLS INVENTORY

Name: _____ Date: _____

Check the box of the ministry skills listed below which you are especially interested in developing. Then, select the top 8 skills you want to focus on during Quest Year One. List these 8 skills in the chart on the next page according to the order you would like to address them.

<p>LEADING</p> <ul style="list-style-type: none"> <input type="checkbox"/> Discerning and communicating vision <input type="checkbox"/> Goal Setting <input type="checkbox"/> Strategic Planning <input type="checkbox"/> Guiding Change <input type="checkbox"/> Evaluating Ministry Effectiveness <input type="checkbox"/> Mobilizing prayer <input type="checkbox"/> Leading small groups 	<p>COMMUNICATING GOD'S WORD</p> <ul style="list-style-type: none"> <input type="checkbox"/> Teaching or preaching preparation <input type="checkbox"/> Using stories and illustration <input type="checkbox"/> Applying the truth <input type="checkbox"/> Teaching or preaching delivery and presentation <input type="checkbox"/> Providing biblically-based counselling <input type="checkbox"/> Equipping others to study the Bible
<p>EQUIPPING</p> <ul style="list-style-type: none"> <input type="checkbox"/> Spiritual gift discernment and deployment <input type="checkbox"/> Recruiting people to serve <input type="checkbox"/> Training people for ministry <input type="checkbox"/> Coaching and mentoring <input type="checkbox"/> Assimilating newcomers <input type="checkbox"/> Developing leaders <input type="checkbox"/> Building effective teams 	<p>ADMINISTRATION</p> <ul style="list-style-type: none"> <input type="checkbox"/> Organizing projects <input type="checkbox"/> Managing time and setting priorities <input type="checkbox"/> Leading effective meetings <input type="checkbox"/> Making wise decisions <input type="checkbox"/> Creating a budget and managing church finances <input type="checkbox"/> Stewarding church facilities
<p>MOBILIZING FOR OUTREACH</p> <ul style="list-style-type: none"> <input type="checkbox"/> Equipping people to share their faith <input type="checkbox"/> Reading your community's culture <input type="checkbox"/> Building friendships with non-Christians <input type="checkbox"/> Mobilizing compassion and justice ministries <input type="checkbox"/> Conducting effective outreach ministries <input type="checkbox"/> Multiplying new leaders and ministries <input type="checkbox"/> Engaging people in global missions 	<p>SHEPHERDING and DISCIPLESHIP</p> <ul style="list-style-type: none"> <input type="checkbox"/> Mobilizing congregational care <input type="checkbox"/> Facilitating holistic spiritual formation <input type="checkbox"/> Nurturing new believers <input type="checkbox"/> Planning life-impacting worship <input type="checkbox"/> Dealing constructively with conflict <input type="checkbox"/> Exercising church discipline <input type="checkbox"/> Making hospital visits <input type="checkbox"/> Conducting special services (weddings, funerals, baptism, Lord's Supper, child dedication, etc.)

TOP 8 MINISTRY SKILLS

List the skills you would most like to develop during Quest Year One according to the sequence below:

Schedule	Skill
October – Session 1	
November – Session 1	
December – Session 1	
January – Session 1	
February – Session 1	
March – Session 1	
April – Session 1	
May – Session 1	

YEAR ONE - SEPTEMBER: Session #2

SPIRITUAL FORMATION ASSIGNMENT

1. Read the section in the *Spiritual Disciplines Handbook* that describes the 1st spiritual discipline you have chosen to practice.
2. Complete the Reflection Questions and Spiritual Exercises for this discipline.
3. Come to your 2nd coaching session prepared to discuss the following:
 - a. What did you find most helpful about this discipline?
 - b. How did it help you connect with God? With yourself? With others?
 - c. What did you find was least helpful about this discipline?
 - d. Will you plan to incorporate it into your regular times with God? Why or why not?

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read and complete the exercises in the insert entitled “The Leader’s Call”.
2. Come to your 2nd coaching session prepared to discuss your responses.

MINISTRY GROWTH ASSIGNMENT

1. Complete the “Ministry Involvement Check-In” form. Make a second copy to give to your coach and be prepared to discuss it.
2. Briefly preview the ministry skill you will be discussing with your coach during your 3rd session and talk about any advance preparation your coach would like you to complete.

THE LEADER'S CALL

“The call is a mystery. It begins and ends with God, but loops through a very human individual. It is personal, but bigger than the person. The call comes out of who we are as well as shapes who we are. It has both being and doing components. The call involves relationship at its core, not just function or task, though it carries clear task components.”

Reggie McNeal, A Work of Heart

COMPONENTS OF CALLING

Some Christian leaders refer to “first-order” calling (being) as worshippers and followers of Christ and “second-level” calling (doing) as servants and ministers of God. Calling represents a sense of divine destiny that is confirmed subjectively by the Holy Spirit’s inner impressions and objectively by the Scriptures, affirmation from mature believers and fruitfulness in serving God. When God calls, he equips. We should expect appropriate gifting to match God’s call. It’s important not to confuse calling with a job or vocation. A life mission from God transcends any particular arena in which that mission is fulfilled. A person’s calling can be expressed through a variety of ministry venues or positions throughout the changing seasons in a leader’s life.

BIBLICAL CASE STUDIES

Christ

Jesus demonstrated a focused sense of intentionality. At age 12 his sense of divine destiny begins to emerge: “Didn’t you know I needed to be about my Father’s business?” (Luke 2:49). In the synagogue in Nazareth the Messiah proclaimed his mission statement, using the words of Isaiah 61:1-2 to express his calling. There was a holy “must-ness” that kept the Master’s internal compass riveted on True North: “I must preach the good news of the kingdom of God to other towns also, because that is why I was sent.” (Luke 4:43). Jesus affirms that the need does not always constitute the call. Though surrounded by immense human need, Christ kept his redemptive mission as a top priority. Luke tells us he set his face like flint as he journeyed to the cross, refusing to be sidetracked. “For the Son of Man came to seek and to save what was lost.” (Luke 19:10). Near the end of his earthly life, Jesus is able to make this startling statement: “I have brought you glory on earth by completing the work you gave me to do.” (John 17:4). Persevering through the maze of the tyranny of the urgent, the Master maintained his focus on the Father’s call until it was completed.

Moses

1. Read Exodus 1:1-4:17. How does this dramatic call to deliver God’s people from Egyptian slavery differ from Moses’ earlier attempt to rescue his fellow Hebrews in Exodus 2:11-14?
2. Moses was a reluctant leader. He makes excuse after excuse to dodge God’s call. How does God answer Moses’ excuses?

3. Have there been things that have caused you to be reluctant to embrace God’s call?

4. How has God answered your objections and confirmed your call?

Isaiah

Read Isaiah 6:1-13. Isaiah’s call was dramatic. Like Isaiah, some leader’s call comes in the form of a distinct crises experience. For other leaders, their call is more progressive, the cumulative effect of a series of gradual confirmations. How about you? Where would you place yourself on the following spectrum?

CRISIS-----PROCESS

Jeremiah

Read Jeremiah 1:4-19. What strikes you about Jeremiahs call? The task this prophet was called to fulfill was especially painful. The people he ministered to repeatedly rejected his prophesy, throwing him in prison and physically abusing him. This serves as a reminder that pursuing God’s mission will not always be easy. It is a deep conviction that we are obeying God’s call that can helps hold us steady in the midst of adversity. Has there been a time in your life when your sense of divine destiny has been put to the test? How so?

MINISTRY INVOLVEMENT CHECK IN

September Session - 2

Name: _____ Date: _____

Area of Ministry Involvement: _____

1. **Progress** you are celebrating:

2. **Obstacles** you are facing:

3. **Leadership lessons** you are learning:

4. Key **next steps** you need to take:

5. **Training, resources and support** you currently need:

6. **Questions** you have for your coach:

YEAR ONE - October: Session #1

SPIRITUAL FORMATION ASSIGNMENT

1. Read the section in the *Spiritual Disciplines Handbook* that describes the 2nd spiritual discipline you have chosen to practice.
2. Complete the Reflection Questions and Spiritual Exercises for this discipline.
3. Come to your 3rd coaching session prepared to discuss the following:
 - a. What did you find most helpful about this discipline?
 - b. How did it help you connect with God? With yourself? With others?
 - c. What did you find was least helpful about this discipline?
 - d. Will you plan to incorporate it into your regular times with God? Why or why not?

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read "The Leader's Life Story" (pages 47-61) in *Charting a Bold Course* and complete the Life Story Chart and Life Story Worksheets. Check the Appendix for examples of how to complete these items.
2. Make copies of your life story chart and worksheets for your coach and come to your 3rd coaching session prepared to share your life story.

MINISTRY GROWTH ASSIGNMENT

1. Discuss with your coach the 1st Ministry Skill you selected for this session. Make sure you have finished any advance preparation your coach has asked you to complete.
2. Explore ways you could increase your skill level through interviews, observation, supervised participation, etc.

YEAR ONE - October: Session #2

SPIRITUAL FORMATION ASSIGNMENT

1. Read the section in the *Spiritual Disciplines Handbook* that describes the 3rd spiritual discipline you have chosen to practice.
2. Complete the Reflection Questions and Spiritual Exercises for this discipline.
3. Come to your 4th coaching session prepared to discuss the following:
 - a. What did you find most helpful about this discipline?
 - b. How did it help you connect with God? With yourself? With others?
 - c. What did you find was least helpful about this discipline?
 - d. Will you plan to incorporate it into your regular times with God? Why or why not?

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read "The Leader's Identity in Christ" (pages 64-74) in *Charting a Bold Course* and complete the exercises in this chapter.
2. Come to your 4th coaching session prepared to share your responses to "Some Questions to Probe Your Understanding of Yourself" (pages 72-74).

MINISTRY GROWTH ASSIGNMENT

1. Make a copy of your "Ministry Involvement Check-In" and come prepared to discuss it with your coach.
2. Preview the Ministry Skill you have selected for your November, Session 1. Discuss with your coach any advance preparation he or she would like you to complete related to that skill.

MINISTRY INVOLVEMENT CHECK-IN

October – Session 2

Name: _____ Date: _____

Area of Ministry Involvement: _____

1. **Progress** you are celebrating:

2. **Obstacles** you are facing:

3. **Leadership lessons** you are learning:

4. Key **next steps** you need to take:

5. **Training, resources and support** you currently need:

6. **Questions** you have for your coach:

YEAR ONE - November: Session #1

SPIRITUAL FORMATION ASSIGNMENT

1. Read the section in the *Spiritual Disciplines Handbook* that describes the 4th spiritual discipline you have chosen to practice.
2. Complete the Reflection Questions and Spiritual Exercises for this discipline.
3. Come to your 5th coaching session prepared to discuss the following:
 - a. What did you find most helpful about this discipline?
 - b. How did it help you connect with God? With yourself? With others?
 - c. What did you find was least helpful about this discipline?
 - d. Will you plan to incorporate it into your regular times with God? Why or why not?

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read "The Leader's Temperament" (pages 75-84) in *Charting a Bold Course* and complete the exercises in this chapter.
2. Come to your 5th coaching session prepared to share the results of your DISC inventory.

MINISTRY GROWTH ASSIGNMENT

1. Discuss with your coach the 2nd Ministry Skill you selected for this session. Make sure you have finished any advance preparation your coach has asked you to complete.
2. Explore ways you could increase your skill level through interviews, observation, supervised participation, etc.

YEAR ONE - November: Session #2

SPIRITUAL FORMATION ASSIGNMENT

1. Read the section in the *Spiritual Disciplines Handbook* that describes the 5th spiritual discipline you have chosen to practice.
2. Complete the Reflection Questions and Spiritual Exercises for this discipline.
3. Come to your 6th coaching session prepared to discuss the following:
 - a. What did you find most helpful about this discipline?
 - b. How did it help you connect with God? With yourself? With others?
 - c. What did you find was least helpful about this discipline?
 - d. Will you plan to incorporate it into your regular times with God? Why or why not?

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read "The Leader's Gifts and Strengths" pages 85-98) in *Charting a Bold Course* and complete the exercises in this chapter.
2. Come to your 6th coaching session prepared to share the results of your Spiritual Gifts inventory.

MINISTRY GROWTH ASSIGNMENT

1. Make a copy of your "Ministry Involvement Check-In" and come prepared to discuss it with your coach.
2. Preview the Ministry Skill you have selected for your December, Session 1. Discuss with your coach any advance preparation he or she would like you to complete related to that skill.

MINISTRY INVOLVEMENT CHECK-IN

November – Session 2

Name: _____ Date: _____

Area of Ministry Involvement: _____

1. **Progress** you are celebrating:

2. **Obstacles** you are facing:

3. **Leadership lessons** you are learning:

4. Key **next steps** you need to take:

5. **Training, resources and support** you currently need:

6. **Questions** you have for your coach:

YEAR ONE - December: Session #1

SPIRITUAL FORMATION ASSIGNMENT

1. Read the section in the *Spiritual Disciplines Handbook* that describes the 6th spiritual discipline you have chosen to practice.
2. Complete the Reflection Questions and Spiritual Exercises for this discipline.
3. Come to your 7th coaching session prepared to discuss the following:
 - a. What did you find most helpful about this discipline?
 - b. How did it help you connect with God? With yourself? With others?
 - c. What did you find was least helpful about this discipline?
 - d. Will you plan to incorporate it into your regular times with God? Why or why not?

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read "The Leader's Values and Goals" (pages 99-111) in *Charting a Bold Course* and complete the exercises in this chapter.
2. Come to your 7th coaching session prepared to share personal values and goals.

MINISTRY GROWTH ASSIGNMENT

1. Discuss with your coach the 3rd Ministry Skill you selected for this session. Make sure you have finished any advance preparation your coach has asked you to complete.
2. Explore ways you could increase your skill level through interviews, observation, supervised participation, etc.

YEAR ONE - January: Session #1

SPIRITUAL FORMATION ASSIGNMENT

1. Read the section in the *Spiritual Disciplines Handbook* that describes the 7th spiritual discipline you have chosen to practice.
2. Complete the Reflection Questions and Spiritual Exercises for this discipline.
3. Come to your 8th coaching session prepared to discuss the following:
 - a. What did you find most helpful about this discipline?
 - b. How did it help you connect with God? With yourself? With others?
 - c. What did you find was least helpful about this discipline?
 - d. Will you plan to incorporate it into your regular times with God? Why or why not?

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read "The Leader's Appropriate Openness and Vulnerability" (pages 113-120) in *Charting a Bold Course* and complete the exercises in this chapter.
2. Come to your 8th coaching session prepared to share about your vulnerability.

MINISTRY GROWTH ASSIGNMENT

1. Discuss with your coach the 4th Ministry Skill you selected for this session. Make sure you have finished any advance preparation your coach has asked you to complete.
2. Explore ways you could increase your skill level through interviews, observation, supervised participation, etc.

SPIRITUAL FORMATION ASSIGNMENT

1. Read the section in the *Spiritual Disciplines Handbook* that describes the 8th spiritual discipline you have chosen to practice.
2. Complete the Reflection Questions and Spiritual Exercises for this discipline.
3. Come to your 9th coaching session prepared to discuss the following:
 - a. What did you find most helpful about this discipline?
 - b. How did it help you connect with God? With yourself? With others?
 - c. What did you find was least helpful about this discipline?
 - d. Will you plan to incorporate it into your regular times with God? Why or why not?

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read “Character Qualifications for Church Leaders” (pages 121-131) in *Charting a Bold Course* and complete the exercises in this chapter.
2. Come to your 9th coaching session prepared to share the results of your character inventory (pages 127-128).

MINISTRY GROWTH ASSIGNMENT

1. Make a copy of your “Ministry Involvement Check-In” and come prepared to discuss it with your coach.
2. Preview the Ministry Skill you have selected for your February, Session 1. Discuss with your coach any advance preparation he or she would like you to complete related to that skill.

MINISTRY INVOLVEMENT CHECK-IN

January – Session 2

Name: _____ Date: _____

Area of Ministry Involvement: _____

1. **Progress** you are celebrating:

2. **Obstacles** you are facing:

3. **Leadership lessons** you are learning:

4. Key **next steps** you need to take:

5. **Training, resources and support** you currently need:

6. **Questions** you have for your coach:

YEAR ONE - February: Session #1

SPIRITUAL FORMATION ASSIGNMENT

1. Read the section in the *Spiritual Disciplines Handbook* that describes the 9th spiritual discipline you have chosen to practice.
2. Complete the Reflection Questions and Spiritual Exercises for this discipline.
3. Come to your 10th coaching session prepared to discuss the following:
 - a. What did you find most helpful about this discipline?
 - b. How did it help you connect with God? With yourself? With others?
 - c. What did you find was least helpful about this discipline?
 - d. Will you plan to incorporate it into your regular times with God? Why or why not?

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read "Flaws, Strategies, and Character Development" (pages 133-142) in *Charting a Bold Course* and complete the exercises in this chapter.
2. Come to your 10th coaching session prepared to share your responses.

MINISTRY GROWTH ASSIGNMENT

1. Discuss with your coach the 5th Ministry Skill you selected for this session. Make sure you have finished any advance preparation your coach has asked you to complete.
2. Explore ways you could increase your skill level through interviews, observation, supervised participation, etc.

SPIRITUAL FORMATION ASSIGNMENT

1. Read the section in the *Spiritual Disciplines Handbook* that describes the 10th spiritual discipline you have chosen to practice.
2. Complete the Reflection Questions and Spiritual Exercises for this discipline.
3. Come to your 11th coaching session prepared to discuss the following:
 - a. What did you find most helpful about this discipline?
 - b. How did it help you connect with God? With yourself? With others?
 - c. What did you find was least helpful about this discipline?
 - d. Will you plan to incorporate it into your regular times with God? Why or why not?

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read "Relationships in the Leader's Family" (pages 143-149) in *Charting a Bold Course* and complete the exercises in this chapter.
2. Come to your 11th coaching session prepared to share your responses.
3. **Please note:** If you are single, please discuss with your coach what you sense are some of the advantages of singleness in ministry (see 1 Cor. 7) and what you see as some of the disadvantages of singleness in ministry.

MINISTRY GROWTH ASSIGNMENT

1. Make a copy of your "Ministry Involvement Check-In" and come prepared to discuss it with your coach.
2. Preview the Ministry Skill you have selected for your March, Session 1. Discuss with your coach any advance preparation he or she would like you to complete related to that skill.

MINISTRY INVOLVEMENT CHECK-IN

February – Session 2

Name: _____ Date: _____

Area of Ministry Involvement: _____

1. **Progress** you are celebrating:

2. **Obstacles** you are facing:

3. **Leadership lessons** you are learning:

4. Key **next steps** you need to take:

5. **Training, resources and support** you currently need:

6. **Questions** you have for your coach:

YEAR ONE - March: Session #1

SPIRITUAL FORMATION ASSIGNMENT

1. Read the section in the *Spiritual Disciplines Handbook* that describes the 11th spiritual discipline you have chosen to practice.
2. Complete the Reflection Questions and Spiritual Exercises for this discipline.
3. Come to your 12th coaching session prepared to discuss the following:
 - a. What did you find most helpful about this discipline?
 - b. How did it help you connect with God? With yourself? With others?
 - c. What did you find was least helpful about this discipline?
 - d. Will you plan to incorporate it into your regular times with God? Why or why not?

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read "Relationships in the Church" (pages 151-160) in *Charting a Bold Course* and complete the exercises in this chapter.
2. Come to your 12th coaching session prepared to share your responses.

MINISTRY GROWTH ASSIGNMENT

1. Discuss with your coach the 6th Ministry Skill you selected for this session. Make sure you have finished any advance preparation your coach has asked you to complete.
2. Explore ways you could increase your skill level through interviews, observation, supervised participation, etc.

SPIRITUAL FORMATION ASSIGNMENT

1. Read the section in the *Spiritual Disciplines Handbook* that describes the 12th spiritual discipline you have chosen to practice.
2. Complete the Reflection Questions and Spiritual Exercises for this discipline.
3. Come to your 13th coaching session prepared to discuss the following:
 - a. What did you find most helpful about this discipline?
 - b. How did it help you connect with God? With yourself? With others?
 - c. What did you find was least helpful about this discipline?
 - d. Will you plan to incorporate it into your regular times with God? Why or why not?

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read “Developing Vision for Your Life” (pages 161-168) in *Charting a Bold Course* and complete the exercises in this chapter.
3. Come to your 13th coaching session prepared to share your responses.

MINISTRY GROWTH ASSIGNMENT

1. Make a copy of your “Ministry Involvement Check-In” and come prepared to discuss it with your coach.
2. Preview the Ministry Skill you have selected for your April, Session 1. Discuss with your coach any advance preparation he or she would like you to complete related to that skill.

MINISTRY INVOLVEMENT CHECK-IN

March – Session 2

Name: _____ Date: _____

Area of Ministry Involvement: _____

1. **Progress** you are celebrating:

2. **Obstacles** you are facing:

3. **Leadership lessons** you are learning:

4. Key **next steps** you need to take:

5. **Training, resources and support** you currently need:

6. **Questions** you have for your coach:

YEAR ONE - April: Session #1

SPIRITUAL FORMATION ASSIGNMENT

1. Read the section in the *Spiritual Disciplines Handbook* that describes the 13th spiritual discipline you have chosen to practice.
2. Complete the Reflection Questions and Spiritual Exercises for this discipline.
3. Come to your 14th coaching session prepared to discuss the following:
 - a. What did you find most helpful about this discipline?
 - b. How did it help you connect with God? With yourself? With others?
 - c. What did you find was least helpful about this discipline?
 - d. Will you plan to incorporate it into your regular times with God? Why or why not?

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read "Communicating Effectively" (pages 235-247) in *Charting a Bold Course* and complete the exercises in this chapter.
2. Come to your 14th coaching session prepared to share your responses.

MINISTRY GROWTH ASSIGNMENT

1. Discuss with your coach the 7th Ministry Skill you selected for this session. Make sure you have finished any advance preparation your coach has asked you to complete.
2. Explore ways you could increase your skill level through interviews, observation, supervised participation, etc.

YEAR ONE - April: Session #2

SPIRITUAL FORMATION ASSIGNMENT

1. Read the section in the *Spiritual Disciplines Handbook* that describes the 14th spiritual discipline you have chosen to practice.
2. Complete the Reflection Questions and Spiritual Exercises for this discipline.
3. Come to your 15th coaching session prepared to discuss the following:
 - a. What did you find most helpful about this discipline?
 - b. How did it help you connect with God? With yourself? With others?
 - c. What did you find was least helpful about this discipline?
 - d. Will you plan to incorporate it into your regular times with God? Why or why not?

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read "Handling Conflict Constructively" (pages 249-269) in *Charting a Bold Course* and complete the exercises in this chapter.
2. Come to your 15th coaching session prepared to share your responses.

MINISTRY GROWTH ASSIGNMENT

1. Make a copy of your "Ministry Involvement Check-In" and come prepared to discuss it with your coach.
2. Preview the Ministry Skill you have selected for your May, Session 1. Discuss with your coach any advance preparation he or she would like you to complete related to that skill.

MINISTRY INVOLVEMENT CHECK-IN

April – Session 2

Name: _____ Date: _____

Area of Ministry Involvement: _____

1. **Progress** you are celebrating:

2. **Obstacles** you are facing:

3. **Leadership lessons** you are learning:

4. Key **next steps** you need to take:

5. **Training, resources and support** you currently need:

6. **Questions** you have for your coach:

YEAR ONE - May: Session #1

SPIRITUAL FORMATION ASSIGNMENT

1. Read the section in the *Spiritual Disciplines Handbook* that describes the 15th spiritual discipline you have chosen to practice.
2. Complete the Reflection Questions and Spiritual Exercises for this discipline.
3. Come to your 16th coaching session prepared to discuss the following:
 - a. What did you find most helpful about this discipline?
 - b. How did it help you connect with God? With yourself? With others?
 - c. What did you find was least helpful about this discipline?
 - d. Will you plan to incorporate it into your regular times with God? Why or why not?

LEADERSHIP DEVELOPMENT ASSIGNMENT

1. Read "Time Management for Church Leaders" (pages 271-287) in *Charting a Bold Course* and complete the exercises in this chapter.
2. Come to your 16th coaching session prepared to share your responses.

MINISTRY GROWTH ASSIGNMENT

1. Discuss with your coach the 8th Ministry Skill you selected for this session. Make sure you have finished any advance preparation your coach has asked you to complete.
2. Explore ways you could increase your skill level through interviews, observation, supervised participation, etc.

YEAR ONE - May: Session #2

SPIRITUAL FORMATION ASSIGNMENT - Final Session

Review and Reflect

1. As you reflect back over the past 9 months of your Quest experience, what have been some highlights in your spiritual journey (points of resonance)? What have been some low spots (points of dissonance)?
2. How has your relationship with God morphed? What season of the soul would you say you are currently in (spring, summer, autumn, winter)? How does that season differ from when you began Quest?
3. Which spiritual disciplines have been the most enriching to your soul? Why?
4. Which spiritual discipline were the least helpful? Why?
5. What insights about your relationship with God do you want to remember and apply in the future?

LEADERSHIP DEVELOPMENT ASSIGNMENT

Review and Reflect

1. What discoveries about yourself and your leadership capacities did you make?
2. What surprised you? What confirmed what you already knew?
3. What were your best learning's about leadership?
4. What were the least helpful aspects of your leadership development assignments? How could have this aspect of your Quest experience have been better?
5. What surfaced as areas of leadership you want to explore further?
6. At this point in your leadership development, for what type of ministries do you believe you would be best suited?

MINISTRY GROWTH ASSIGNMENT

Review and Reflect

1. What areas of your ministry involvement were most energizing? Most draining?
2. What progress are you celebrating?
3. What could have made your Quest-related ministry experience better?
4. Which ministry skills do you feel you developed the most? The least?
5. What ministry skills do you most want to hone in the future?

FINAL THOUGHTS

1. After completing Quest Year One, are you ready to commit to Year Two? Why or why not?
2. Would you recommend the Quest program to others? Who might you want to encourage to start the Quest journey?
3. Please express your appreciation to your coach for his or her investment in your life over the past 9 months.

Thank you for all the time and energy you have invested in Quest this year!!!

QUEST PARTICIPANT'S EVALUATION

Year One

Name of Participant: _____

Name of Coach: _____

Please rate the following aspects of your Quest experience (5=high; 1=low) and add any comments. Please send this to the district office as soon as possible.

Spiritual Formation Exercises 1 2 3 4 5

Comments:

Leadership Development Assignments 1 2 3 4 5

Comments:

Ministry Involvement 1 2 3 4 5

Comments:

Coaching Sessions 1 2 3 4 5

Comments:

Foundation of Ministry Courses 1 2 3 4 5

Comments:

How could we Improve Quest Year One?

Having completed Year One, are you ready to move on to Year Two? Why or why not?

General Comments (use backside if needed):

Signed: _____ Date: _____